

# TEAM CHOICES

BREAKING THE CYCLE OF  
DOMESTIC VIOLENCE TOGETHER

## Leaving takes strength and courage

After being abused for 33 years, Earlene finally was able to escape her abusive husband. "I couldn't see it," she explained. "I wasn't strong enough yet. It's hard for me to see someone is bad even though they do bad things to me. I only wanted love." She was a resident of CHOICES for six months, where she began to heal and regain her self-esteem before moving into an apartment of her own.

Earlene encourages others who are experiencing domestic violence to get the help they need. "The abuse is not going to stop if you don't get help," she warned. "My counselor gave me tools and inspired me. I learned about my triggers."

Now that she is healing and has received counseling at CHOICES, Earlene enjoys being an encourager to others who are going through similar situations. "I give hugs to everyone," she shared. "I see the hurt in others because I have been hurt." Earlene appreciates the support she received and admitted that she has learned a valuable lesson. "I am worthy," she beamed.

***The abuse is not going to stop if you don't get help.***

*My counselor at CHOICES gave me tools and inspired me. I learned about my triggers.*

- EARLENE, LSS CHOICES client



CHOICES works to break the cycle of domestic violence by providing emergency shelter, critical support, counseling and other services that help victims and their children find safety, heal from their trauma and plan for a safer future.

The safety, healing and hope found at CHOICES helps victims of domestic violence like Earlene become survivors. There are so many more like her in our community that need your support. By joining Team CHOICES, you can help victims regain their freedom from domestic violence and rebuild their lives!

## Domestic violence kills.

The toll of domestic violence is high – making CHOICES one of the most vital organizations in our community.



**8,946 incidents\***

of domestic violence were responded to by Franklin County police departments in 2023.

\*Defined as violence against a family or household member.



**3,652 arrests**

made for charges of domestic violence by Columbus police in 2023.



**24 homicides**

due to domestic violence in Franklin County, including 3 children.\*

\*July 1, 2022 – June 30, 2023  
(Ohio Domestic Violence Network)

**Domestic violence cuts across all demographic and socio-economic levels.** CHOICES' services are available to all victims of intimate partner violence, including men, members of the LGBTQ community, and those with limited English skills. Annually, about 50% of the shelter population is children and a substantial number of residents are pregnant. Typically, our shelter serves people who are low-income, such as the working poor or victims who have had access to their financial resources blocked by their abuser.

# Bring healing. Give hope. Join Team CHOICES!

Team CHOICES is our annual fundraising and community awareness initiative that takes place in October, which is National Domestic Violence Awareness Month. The goal of Team CHOICES is to raise \$365,000 from corporate sponsorships and individuals who participate in our peer-to-peer campaign. During the initiative, our multimedia campaign will educate our community about domestic violence and how CHOICES helps. As a Team CHOICES sponsor, you can support this important initiative and the victims and children CHOICES serves every day.

## Freedom Sponsor—\$10,000+

- **Recognition as a Freedom Sponsor** of the 2024 Team CHOICES initiative.
- **Linked company logo on the homepage** of our Team CHOICES peer-to-peer fundraising website shared throughout our community.
- **Linked company logo on the Sponsors page** on our Team CHOICES peer-to-peer fundraising website shared throughout our community.
- **Logo recognition** in all Team CHOICES promotional emails.
- **Name recognition** in credits of CHOICES' domestic violence awareness ads during the campaign.
- **Recognition as part of our Full Plate Society** for one year at four LSS program sites, including the CHOICES shelter.
- **Opportunity to host a domestic violence educational session for your associates:** Work with LSS staff to host an in-person or virtual session to help educate your associates about the crime of domestic violence and how CHOICES helps. Speaker provided by LSS CHOICES. Please contact LSS to discuss if you are interested.

## Spirit Sponsor— \$5,000+

- **Recognition as a Spirit Sponsor** of the 2024 Team CHOICES initiative.
- **Linked company logo on the Sponsors page** on our Team CHOICES peer-to-peer fundraising website shared throughout our community.
- **Name recognition** in all Team CHOICES promotional emails.
- Recognition as part of our **Full Plate Society** for one year at four LSS program sites, including the CHOICES shelter.

## Joy Sponsor —\$2,500+

- **Recognition as a Joy Sponsor** of the 2024 Team CHOICES initiative.
- **Linked company name on the Sponsors page** on our Team CHOICES peer-to-peer fundraising website shared throughout our community.
- **Recognition as part of our Full Plate Society** for one year at four LSS program sites, including the CHOICES shelter.

## Grace Sponsor —\$1,000+

- **Recognition as a Grace Sponsor** of the 2024 Team CHOICES initiative.
- **Linked company name on the Sponsors page** on our Team CHOICES peer-to-peer fundraising website shared throughout our community.

**ALL LEVELS: Opportunity to create a peer-to-peer fundraising team.** Engage your associates, increase awareness throughout your organization, and raise additional funds for CHOICES in your organization's name.

## The need for CHOICES is great

CHOICES offers services that help victims recover from the trauma of their abuse and gain independence and self-sufficiency. Through our 24-hour crisis hotline, emergency shelter, counseling, case management, housing and employment assistance and community advocates, CHOICES helps victims transform into survivors. During our 2024-25 fiscal year, we anticipate that:

**2,000**

individuals will be served by CHOICES

**945**

victims and children will seek refuge in the shelter

**50%**

of the shelter's population will be children

**4,100+**

emergency hotline calls will be answered

## Our community needs you

CHOICES relies on support from individuals and community partners who stand with us as we help domestic violence victims, and their children, find safety, healing and hope for a better future. Your generous investment will help LSS CHOICES interrupt the cycle of domestic violence by responding to those in need, educating our community and advocating for social change. Please join Team CHOICES and become a sponsor today!

**For more information or to make your commitment, please contact:**  
**Mary Costlow at [mcostlow@lssnetworkofhope.org](mailto:mcostlow@lssnetworkofhope.org) or 614-429-5484.**

